

Come and Pray the Rosary before Mass on Monday, Wednesday, Thursday and Friday at 8.30am

OUR DIOCESAN PRAYER - WALK WITH ME Lord God, our light and our salvation, we praise you for your gifts of life and faith. We thank you for the desire that you have planted in our hearts, our yearning to see your face. Help us to meet you in prayer, to walk in your ways, and to speak to others of our joy and consolation in your presence. Give us faithfulness in this present life so that we may come to know and praise your beauty with all our brothers and sisters in the life to come. We make this prayer through Christ our Lord. Amen.

PRAYER TO THE HOLY SPIRIT O Holy Spirit, beloved of my soul, I adore you, enlighten me, guide me, strengthen me, console me – tell me what I should do. I promise to submit myself to all that you permit to happen to me – let me only know your holy will.

ANIMA CHRISTI Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me; passion of Christ, strengthen me. O Good Jesus hear me. Within thy wounds hide me. Suffer me not to be separated from thee. From the malignant enemy defend me. In the hour of death, call me and bid me to come to thee, that with thy saints, I may praise thee forever and ever. Amen

DIOCESAN PRAYER FOR VOCATIONS Lord Jesus, send labourers into your harvest. Inspire in the hearts of your people, vocations to the priesthood, diaconate and religious life. Bless our homes, our families, our parishes, our diocese, our countries with a spirit of generosity. May those whom you call to the priesthood, diaconate and religious life have the courage to give themselves to your Church as co-operators in your work.

St John Vianney – *Pray for Us*

ARCHDIOCESE VISION PRAYER Spirit of God, descend on me this day. Grant me the Spirit of joy, to lift me, the Spirit of hope to inspire me, the Spirit of love to surround me and the Spirit of truth to enlighten my path. Holy Spirit, I pray for a new outpouring of your grace, so that I may grow in worship of your name in love of you in my prayer and in my actions towards others. Come Holy Spirit into my life to guide me, strengthen and defend me, so that I may be drawn ever closer to you. Help me this day and always to be a channel of grace in all I say and do and invite others into relationship with you. Amen

PRAYER TO SAINT JOHN HENRY NEWMAN Almighty and eternal God, we offer heartfelt thanks and praise for the life and witness of Saint John Henry Newman. In him You have given us and inspiring example of a priest and teacher heroically devoted to the pursuit of holiness and the salvation of souls. Through his intercession and his teaching we ask You to pour out Your blessings on all Your children who seek Your truth, so that all may come to know and love You in the one fold of the Redeemer, our Lord Jesus Christ Your Son, Who lives and reigns with You in the unity of the Holy Spirit, God, forever and ever. Amen

St John Henry Newman – *Pray for Us*

Official Family Prayer for World Meeting of Families

God, our Father, we are brothers and sisters in Jesus your Son, One family, in the Spirit of your love. Bless us with the joy of love.

Make us patient and kind, gentle and generous, welcoming to those in need. Help us to live your forgiveness and peace. Protect all families with your loving care, especially those for whom we now pray: [We pause and remember family members and others by name]

Increase our faith, strengthen our hope, keep us safe in your love. Make us always grateful for the gift of life that we share. This we ask, through Christ our Lord.
Amen

Mary, mother and guide, pray for us.
Saint Joseph, father and protector, pray for us.
Saints Joachim and Anne, pray for us.
Saints Louis and Zélie Martin, pray us.

THE ANGELUS

V. The Angel of the Lord declared unto Mary;

R. And she conceived of the Holy Spirit, Hail Mary....

V. Behold the handmaid of the Lord;

R. Be it done unto me according to thy word.

Hail Mary....

V. And the Word was made Flesh;

R. And dwelt among us.

Hail Mary....

V. Pray for us, O Holy Mother of God

R. That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech thee, O Lord, your grace into our hearts, that we to whom the Incarnation of Christ, your son, was made known by the message of an Angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ our Lord. **R. Amen.**

May the divine assistance remain always with us, and may the souls of the faithful departed, through the mercy of God, rest in peace.

R. Amen

PRAYER FOR CLIMATE CHANGE

Loving God, we praise your name with all you have created. You are present in the whole universe, and in the smallest of creatures. We acknowledge the responsibilities you have placed upon us as stewards of your creation. May the Holy Spirit inspire all political leaders as they seek to embrace the changes needed to foster a more sustainable society. Instill in them the courage and gentleness to implement fairer solutions for the poorest and most vulnerable and commit their nations to the care of Our Common Home. We ask this through Our Lord Jesus Christ your Son. Amen

PRAYER FOR PEACE

Mary, Mother of God, Queen of the Universe. We ask you to intercede for the people of war-torn countries, for their governments, and all who suffer as a result of war. Be with them as you stood beside your Son, suffering on the Cross at Calvary. Give them strength and courage through faith, hope and justice. May we support them through prayer and generosity. That human lives may be saved. That the injured may be healed. That the dead may rest in peace. That there will be peace after war. Amen.

Pope's Prayer Intention for January For the gift of diversity in the Church

We pray that the Holy Spirit may help us to recognize the gift of different charisms within the Christian community and to discover the richness of different ritual traditions in the Catholic Church

Points to Ponder

When we listen to the words of Jesus in the gospels, or at Mass on Sundays, we see how his life was imbued with the Bible which for him was the first (what we call the Old) Testament. He would have heard them prayed at home with Joseph and Mary. He would have heard them read and commented upon also in the local synagogue. How often in his ministry did he use the words of the prophet Isaiah — in the synagogue at Nazareth when he declared fulfilled the prophecy of Isaiah, or in his ground-breaking Sermon on the Mount, or in his reply to John the Baptist who sent disciples to him asking him if he was the one who was to come or were they to wait for another. As he was dying on the cross the words of Psalm 22 are found on his lips. He often used images from his Bible in his teaching. Isaiah and the psalms provided the inspiration for those words of blessing — the Beatitudes — with which he began his great sermon and which set the tone for the rest of that sermon and indeed his whole ministry. Jesus' words and deeds transmitted by his disciples became in turn the Sacred Scriptures of Jesus' followers. The gospels and letters were gathered together to form the New Testament. Together the two parts of our Bible form a unity around the figure of Christ. Together they help us to understand the person and the mission of Christ. Together they challenge us to live lives worthy of our calling as followers of Jesus.